Resources for Kids During Isolation

A whole host of links to resources for kids. From entertainment to learning to relaxation and creativity. <https://www.livescience.com/coronavirus-kids-activities.html>

Parent’s Survival Guide. Playful and creative activities for children of varying ages. <https://theimaginationtree.com/stay-at-home-survival-guide/>

Nature activity sheets and activities. <https://www.wildlifewatch.org.uk/activity-sheets>

Daily schedule of online events and activities for kids! <https://chailifelinecanada.org/todayschedule/>

Our friends at Sesame St providing short videos to help kids and parents understand and cope during self-isolation. <https://www.mentalfloss.com/article/621400/sesame-workshop-shares-new-resources-and-activities-help-parents-and-kids-cope-self-isolation>

Helping kids and teens deal with anxiety and worry. <https://gozen.com/coronavirus-anxiety/>